



IITGoa/RECT/2024/02/SS/771

Date: 21-02-2025

NOTICE

Sub: Selection Procedure

Name of the Post: Sports Superintendent (PL 6; Group B)

Ref: Advt. No. IITGoa/RECT/2024/02 dated 04.10.2024

1. Selection Will Be Based Performance in Selection Test.

2. Pattern of the Selection Test:

- The Selection Test will be conducted in two stages, i.e. Test I and Test II. Candidates securing minimum qualifying marks as laid down by the selection committee in Test I shall be shortlisted for Test II. The final selection will be based on aggregate marks obtained from both the Tests (I & II) with weightage of 40% in Test I and 60% in Test II.
- Test I will be written test of consisting the following:
 - 40 Multiple Choice Questions of 1 Marks Each. 0.25 Negative Marks for every wrong answer.
 - Descriptive Questions of 20 Marks
 - Duration: 75 minutes
- Test II will be a Trade Test of 60 marks

3. Syllabus:

- Principles & Concepts of Sports Training, Skill, Technique & Tactics, Warming Up & Limbering Down, Concept & Classification of Doping, Prohibited Substances & Their Side Effects.
- Need, Importance, Characteristics, Location, Steps In Layout of Playfields, Care And Maintenance of Playgrounds, Construction, Characteristics, Accessories Maintenance.
- Safety Measures for All Sports and Prevention of Injuries, First Aid, Management of Injuries, Causes and Remedies of Injuries, Physiotherapy, Rehabilitation and Massage.
- Balanced Diet & Nutrition (Macro & Micro- Nutrients), Nutritive & Non-Nutritive Components of Diet Nutritional Requirements of Athletes: During Pre and Post Competition Phases Energy Requirements of Athletes In Specified Events.
- Concepts of Physical Education and Sports, including current trends and practices.
- Equipment Used, Rules and Regulations, Fundamental Skills And Officiating of the following Games And Sports: Athletics, Cricket, Basketball, Football, Badminton, Table Tennis, Tennis, Wt. Lifting, Chess, And Volleyball.
- Sports equipment: Need, Type, Purchase Policy, Maintenance, Issue And Disposal.
- General English, Reasoning, General Awareness / Current Affairs, Rules for Day to Day Functioning of Central Government Offices, etc

4. Date of Written Test: Saturday, 29/03/2025 at IIT Goa Campus 10:00 AM onwards.

**Sd/-
Registrar**